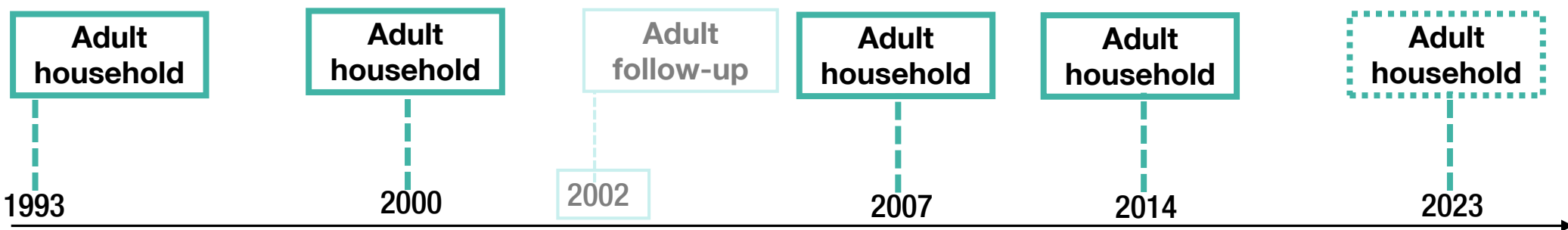
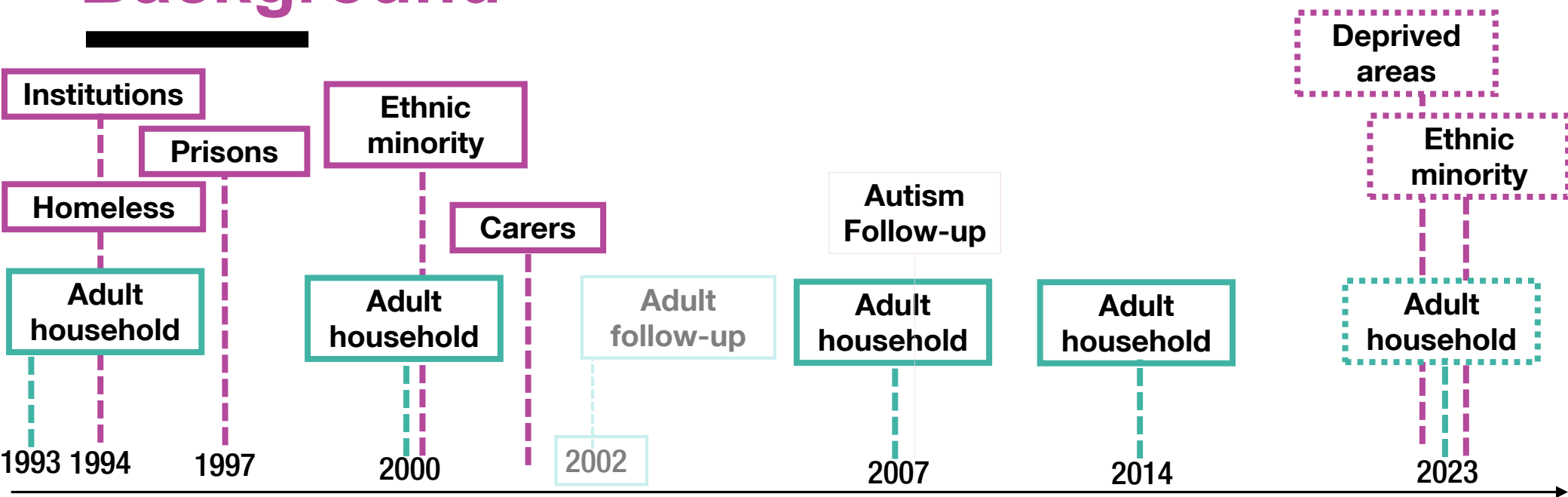


Background



Longest running mental health survey time series using consistent methods.

Background

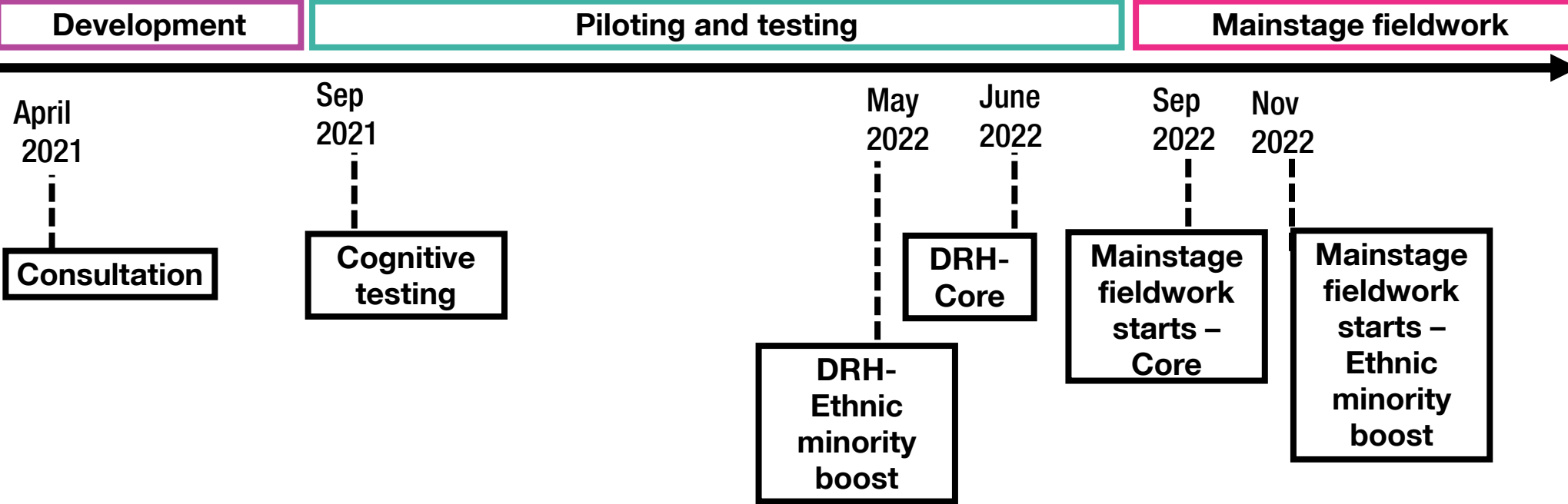


2023 will include an ethnic minority boost and deprived areas boost

Aims

- Prevalence of mental health conditions
- Change in prevalence over time
- Inequalities in prevalence
- Extent of support and treatment use
- Inequalities in support and treatment use
- Context and comorbidities

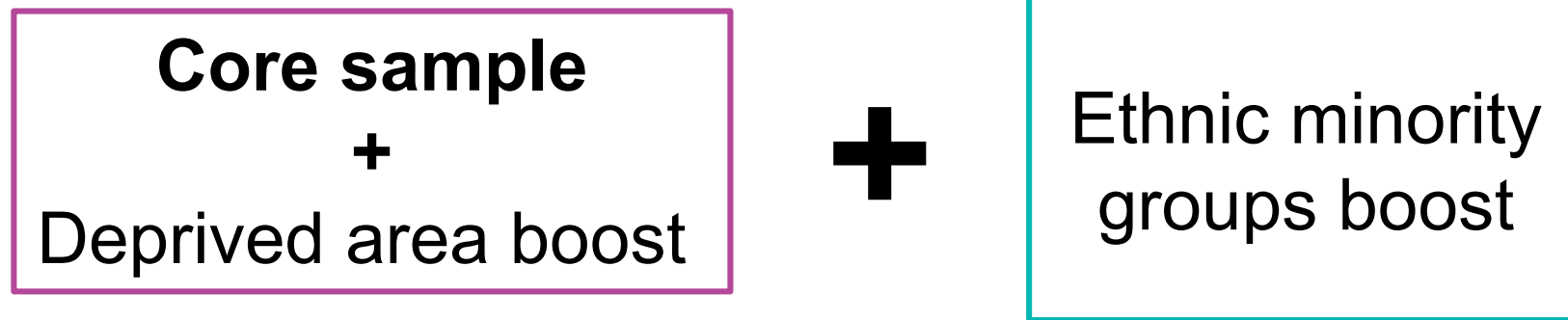
2023 Timeline



APMS 2023

- Probability sample of private households in England
- Cross-sectional
- Adults aged 16+
- Two-phase design
- Department of Health and Social Care funded
- NHS Digital commissioned

APMS 2023: Survey design



- Black African, Black Caribbean, Black Mixed, Indian, Pakistani, Bangladeshi
- 8,000 core, 739 deprived areas, 3000 EMB

APMS 2023: Fieldwork process

Advanced letters sent

Interviewer makes contact
- Adult selection

Interview carried out

- CAPI & CASI
- Consent for phase 2
- Data linkage consent

APMS 2023: Phase 1 proposed content

- General health and activities of daily living
- Caring responsibilities
- Mental wellbeing
- Physical health conditions
- Sensory impairments
- Mental illness diagnoses and treatment
- **Self-reported height and weight**
- Common mental disorders
- Psychosis screening questionnaire
- ADHD
- Work related stress
- Tobacco
- Alcohol (AUDIT)
- Drugs
- **Problem gambling (Screener qs,PGSI)**
- **Eating disorders (SCOFF, EDE-QS)**
- Personality disorder - borderline and antisocial and general

- Social functioning
- Bipolar disorder
- Autism
- Post-traumatic stress disorder
- Interpersonal violence and abuse
- Childhood abuse and neglect
- Suicidal thoughts, attempts and self-harm
- **Discrimination**
- **Prison experience**
- Sexual orientation and behaviour
- Cognitive and intellectual functioning
- Stressful life events
- Parenting
- Social support
- Religion
- Social capital and participation
- Ethnicity and migration
- Education and employment
- Financial and housing circumstances

APMS 2023: Phase 2 content

Carried out by the University of Leicester:

- Subsample of phase 1 - 700 (core), 65 (deprived areas) 263 (EMB) & 150 (ED)
- Psychosis
- Autism
- ADHD
- Eating disorders

APMS 2023: Eating disorders

- Background
 - Increase in referrals to eating disorder services in England.
 - DHSC need an accurate picture of the current prevalence and distribution

Phase 1

- SCOFF
- EDE-QS

Phase 2

- SCAN ED
- Development
 - Testing and validation

APMS 2023: Gambling

- Gambling is a priority area for 2023
- Last included in 2007
 - DSM
- Problem Gambling Severity Index (PGSI) included in 2023
 - focuses on a range of specific harms associated with gambling
 - comparability with HSE/SheS
- Treatment use for gambling

APMS 2023: Ethnic minority boost

Development:

- Urgent need for mental health data from ethnic minority groups
- Review of previous surveys with boosts
 - Processes involved (EVENS, SELCOH, EMPIRIC).
- Review of question content
 - Adapting questions to increase their relevance and inclusion (religion, discrimination, ethnicity and migration modules).
- Participant engagement
 - Messaging for participants
 - Immersive change agency



APMS 2023: Ethnic minority boost

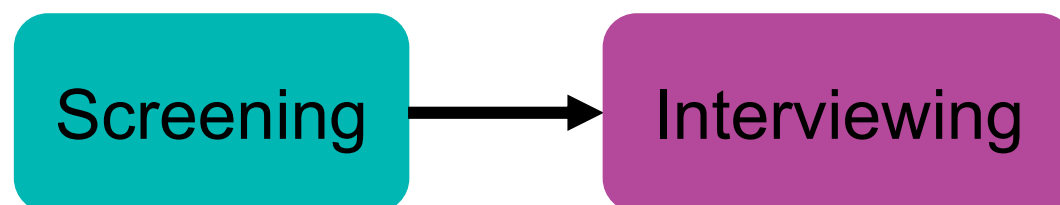
Sample Design:

- Random selection of addresses within higher ethnic density areas.
- Screen for households identifying as belonging to at least one of the six selected ethnic groups.
- Aim to achieve 500 interviews in each group.

APMS 2023: Ethnic minority boost

Fieldwork design:

- Two stage process



- Screening
 - Specialist panel being recruited
 - Working with a specialist comms agency to develop recruitment process and resources
- Translations
 - Urdu interview translation

APMS 2023: Ethnic minority boost DRH

Key findings from EMB DRH:

**'Black Mixed'
group
definition.**

**Ability reallocate
interviews to different
interviewers.**

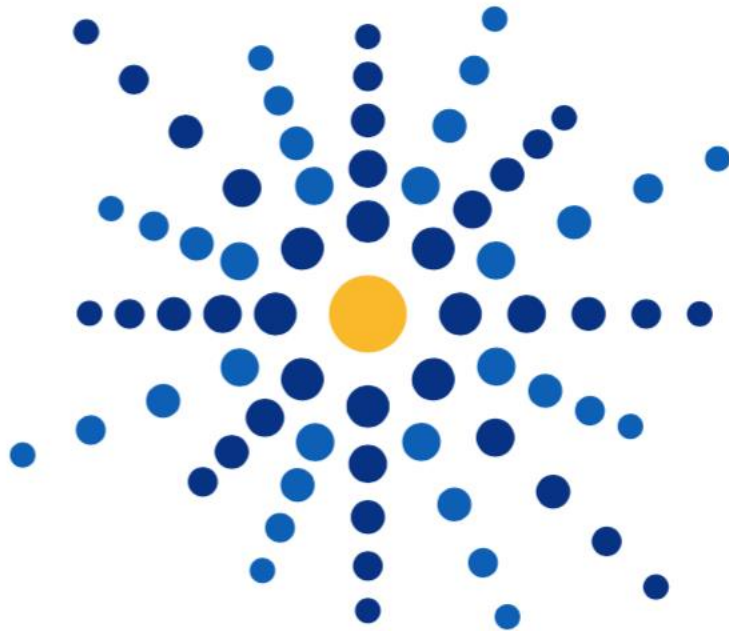
**Review interview
length.**

**Provide stronger
examples of how the
survey data has and will
be used, with focus on
ethnic minority groups.**

**Follow-up letter
between screening
and interviewing.**

**Difficulty
accessing
buildings.**

**Provide further training
and support for
interviewers.**



Mental Health and Wellbeing in England

Adult Psychiatric Morbidity Survey 2014

A survey carried out for NHS Digital by NatCen Social Research and the Department of Health Sciences, University of Leicester

Mental Health and Wellbeing in England report

<http://content.digital.nhs.uk/catalogue/PUB21748>

UK Data Service

<https://discover.ukdataservice.ac.uk/series/?sn=2000044>

Study website

<https://mentalhealthsurveys.org/>

Thank you!

NatCen

Social Research that works for society

Katie Ridout - Senior Researcher

T. 0207 549 7063

E. Katherine.Ridout@natcen.ac.uk

Visit us online, natcen.ac.uk