



Quality of life and personal well-being update

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So how well do you know the analysis in this
area.....

Well-being Quiz

1. Between the year ending June 2016 and June 2017, average ratings of which measure of personal well-being increased?

A. Life Satisfaction

B. Worthwhile

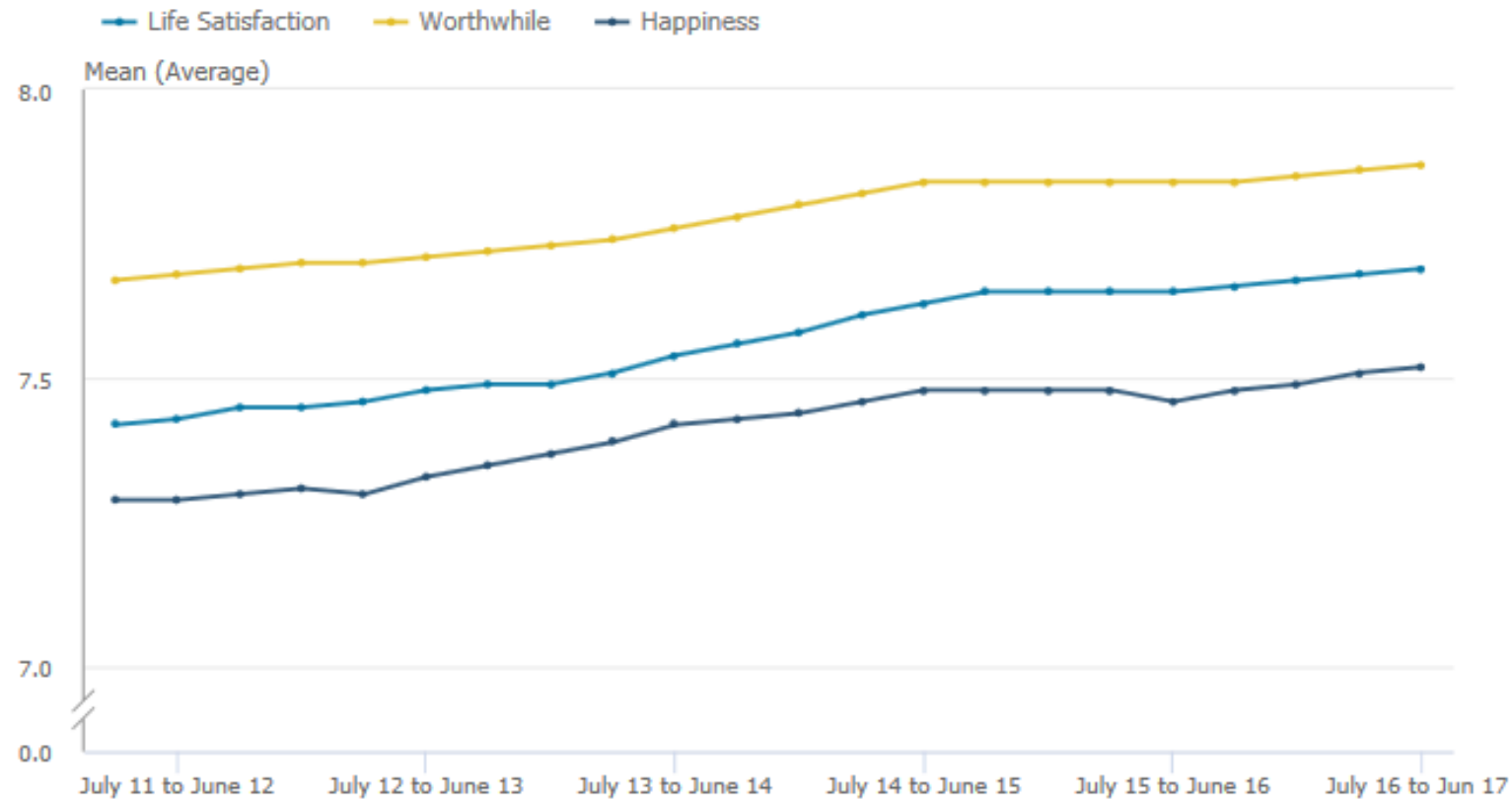
C. Happiness

D. All of the above

Latest personal well-being results for the UK

Average life satisfaction, worthwhile and happiness ratings, year ending March 2012 to year ending June 2017

UK



Source: Annual Population Survey, Office for National Statistics

2. A recent ONS report showed that on average men spend more time than women on leisure activities each day, but by how much more?

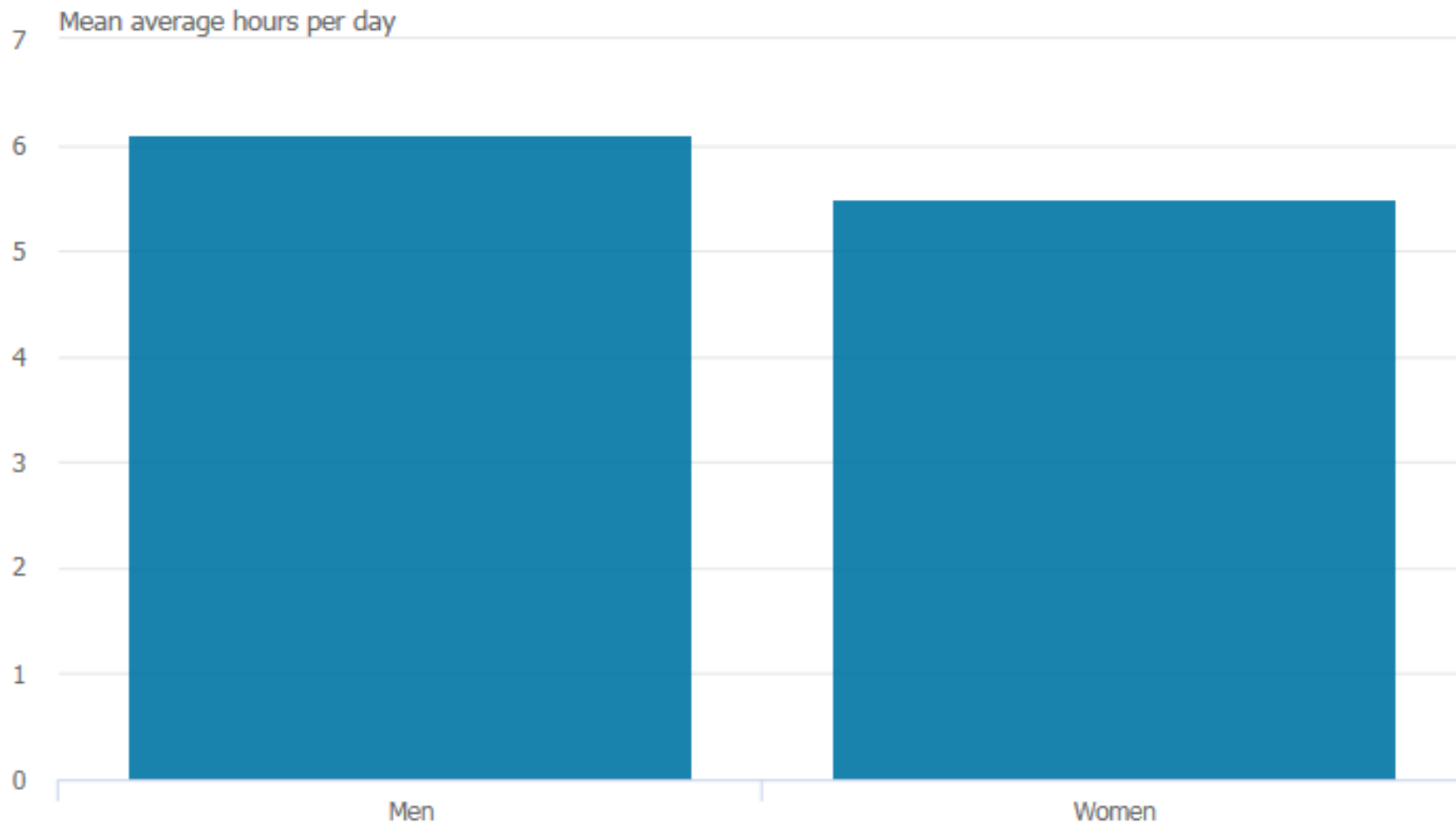
A. 40 minutes

B. 55 minutes

C. 1 hour and 20 minutes

D. 2 hours and 5 minutes

Mean total daily leisure time by sex (whole population aged eight and over), UK, 2015



Source: Harmonised European Time Use Survey, 2015

3. Between 2016 and 2017 in which age group did a higher proportion report feeling lonely often/always?

A. 16-24

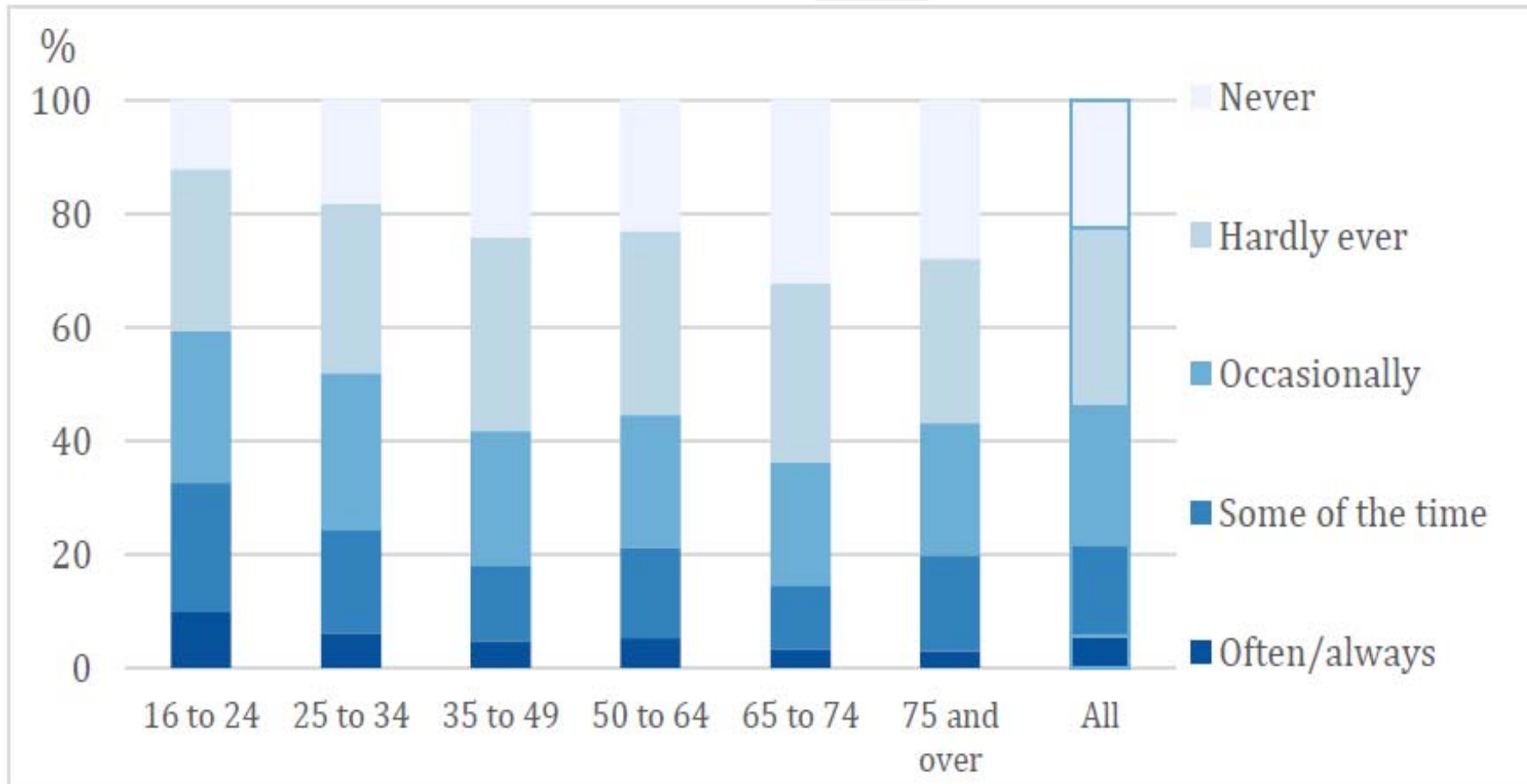
B. 35-44

C. 55-64

D. 65-74



Proportion of adults who felt lonely by age group; online/paper, 2016-17



4. In 2015, which country in the UK reported the highest percentage of waste from the household being recycled?

A. England

B. Wales

C. Scotland

D. Northern Ireland



5. In the year ending December 2016, which ethnicity reported higher levels of life satisfaction compared with the UK average?

A. White

B. Indian

C. Black / African / Caribbean / Black British

D. Chinese

Race Disparity Audit Report (Personal well-being – Section 3.15)



Cabinet Office

Race Disparity Audit

Summary Findings from the Ethnicity Facts and
Figures Website

October 2017

BETA This is a new service – please send your feedback to ethnicity@cabinetoffice.gov.uk

Ethnicity facts and figures

In the UK, 87% of people are White, and 13% belong to a Black, Asian, Mixed or Other ethnic group.

Use this service to find information about the different experiences of people from a variety of ethnic backgrounds. It gathers data collected by government in one place, making it available to the public, specialists and charities.

View data on ethnicity by topic

[Crime, justice and the law](#)

Policing, crimes, courts, sentencing, prisons and custody

[Culture and community](#)

Arts, digital, museums, libraries, volunteering, transport, local area and neighbourhoods

[Education, skills and training](#)

Schools, exclusions, further and higher education, apprenticeships and where people go after leaving

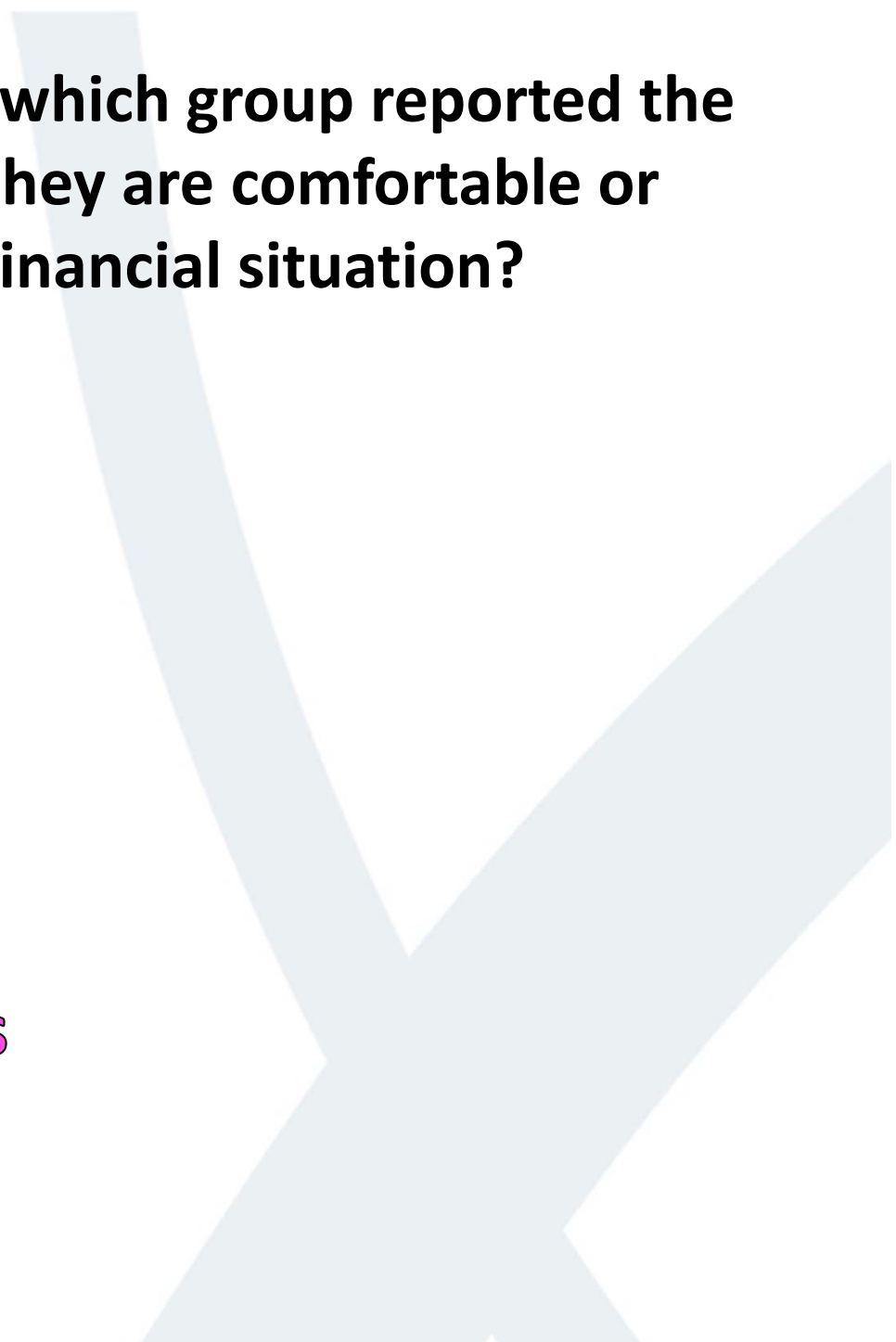
6. Of those aged 16 to 24 which group reported the highest % feeling that they are comfortable or alright with their financial situation?

A. Own home

B. Social rented

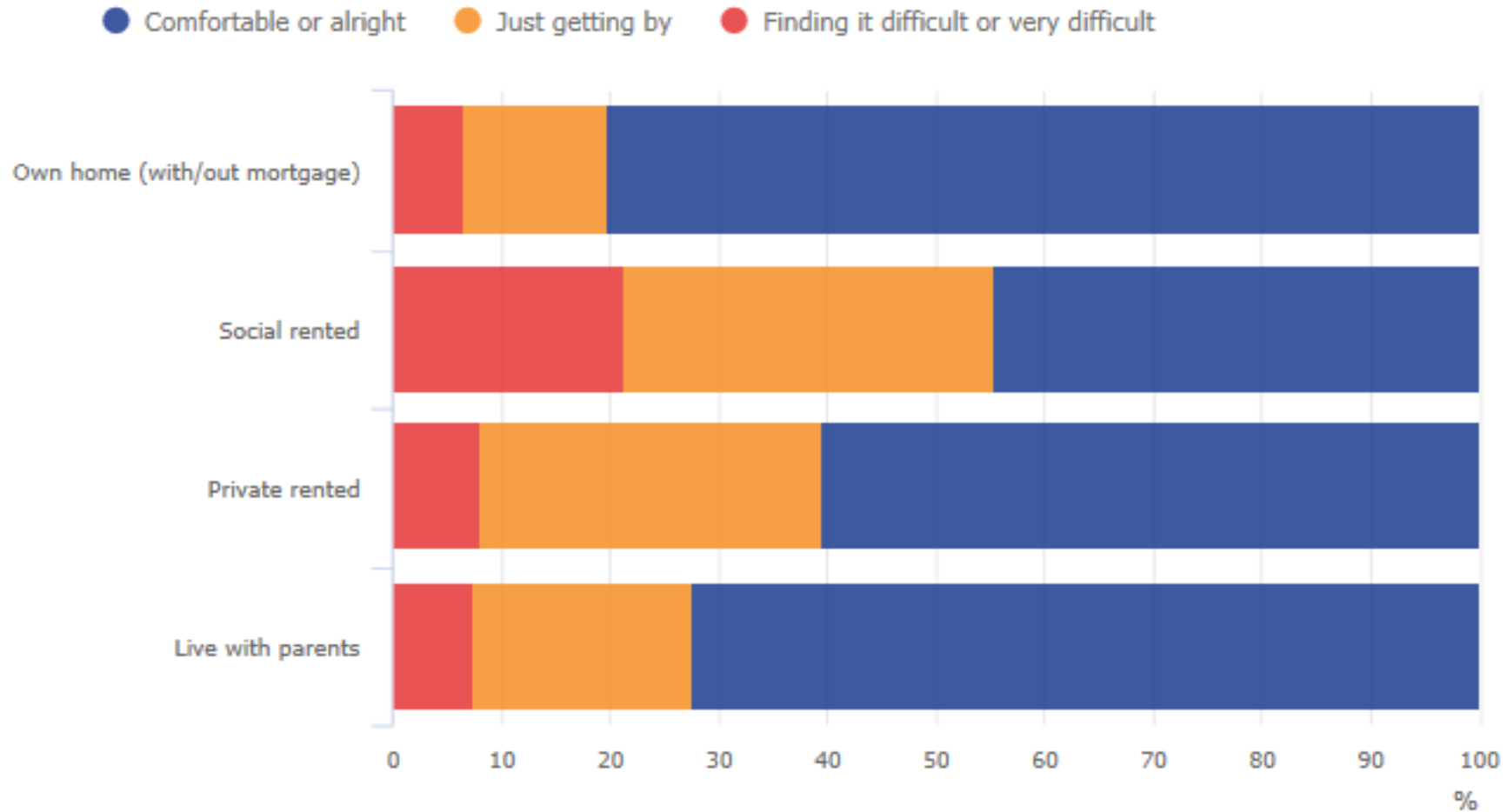
C. Private rented

D. Live with parents



Young people's (16-24) current financial situation, by accommodation type, 2013 to 2014

UK



Source: Understanding Society

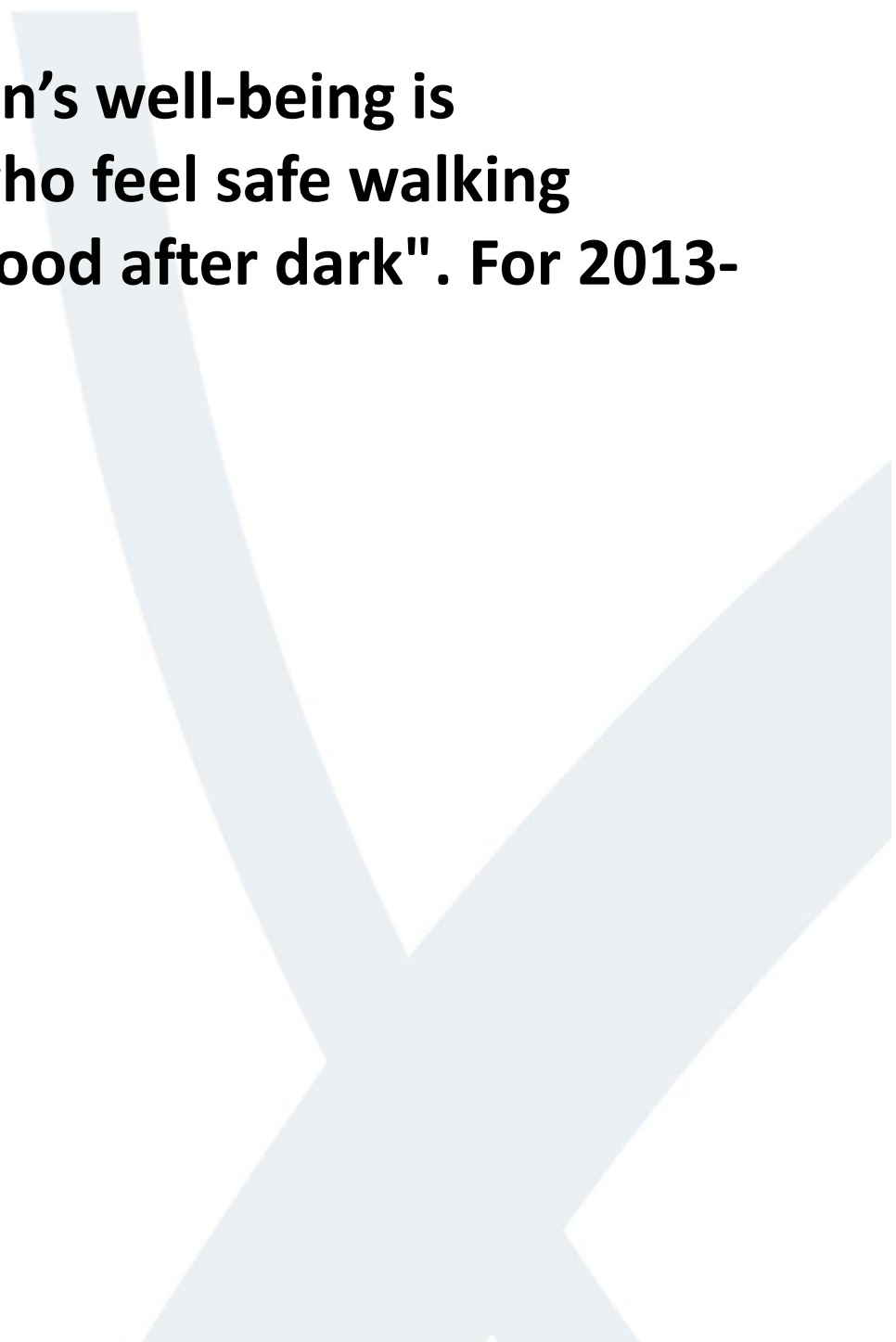
7. One measure of children's well-being is "Percentage of children who feel safe walking alone in their neighbourhood after dark". For 2013-14 was the figure:

A. 46%

B. 58%

C. 67%

D. 82%



8. In 2014-15 what was the most popular category when respondents were asked “How frequently do you do unpaid voluntary work?”

A. At least once a week

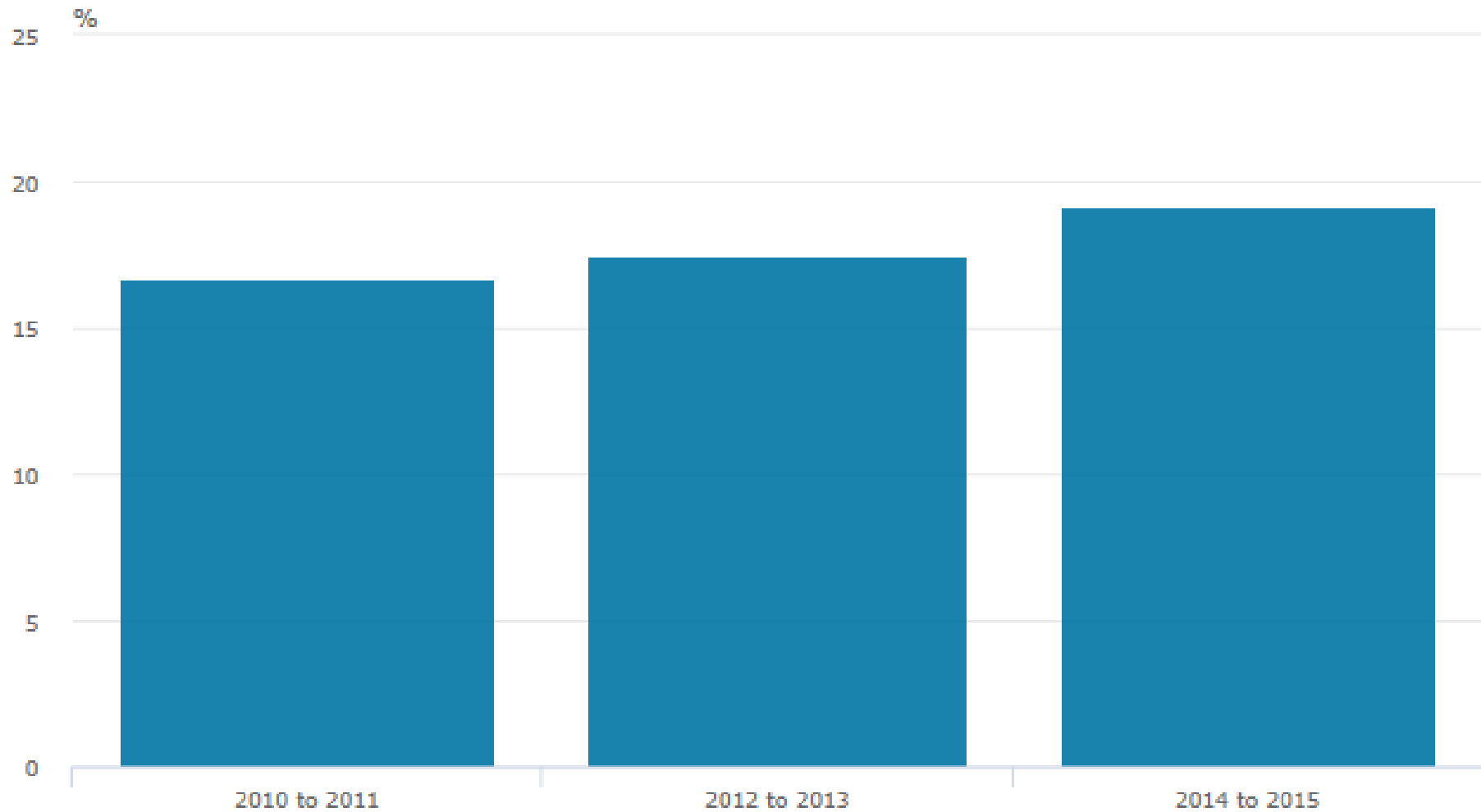
B. Several times a year

C. Once a year or less

D. Never / Almost never

Percentage who volunteered more than once in the last 12 months

UK, between 2010 to 2011 and 2014 to 2015



Source: Understanding Society: UK Household Longitudinal Study

9. Between 2013 and 2015, what was the 'healthy life expectancy at birth' for Males and Females respectively?

A. 60 and 61

B. 63 and 64

C. 66 and 68

D. 71 and 72

10. In 2014-15, what was the proportion of people who said that most people in their neighbourhood can be trusted?

A. 26%

B. 47%

C. 52%

D. 70%



Upcoming Work.....



Office for
National Statistics
Swyddfa
Ystadegau Gwladol

Well-being Inequalities

- What matters more: the greatest overall happiness, or the happiness of the greatest number?
- Little has been done so far to look at inequalities in wellbeing and the agenda has failed to hold distributional issues at its heart
- By focussing on increasing wellbeing without asking ‘whose wellbeing?’ the wellbeing agenda could risk increasing inequalities.

Other upcoming projects

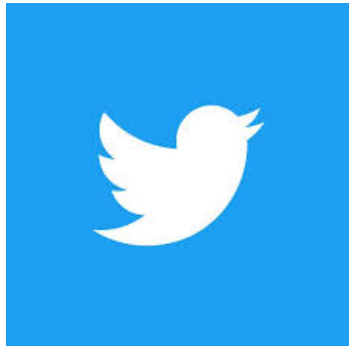
- Translation of the ONS4 PWB questions
- Latent Class Analysis of those with the lowest well-being to identify who they are
- Children's engagement with the environment due to be published early 2018.
- Next annual update of personal well-being estimates will be for **October 2016 – September 2017** and will be published in early 2018.
- 'Life in the UK' update – Spring 2018.

Any questions?

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