



Understanding Society

THE UK HOUSEHOLD LONGITUDINAL STUDY

Research Using Youth and Young Adult Data in Understanding Society

An initiative by the Economic and Social Research Council, with scientific leadership by the Institute for Social and Economic Research, University of Essex, and survey delivery by NatCen Social Research and Kantar Public

Youth Questionnaire Description

- All 10-15 year olds in the household are invited to complete the paper and pen questionnaire
 - Verbal youth and parental consent is necessary
 - There is an attempt to have youth complete the questionnaire either:
 - In another room from parents, or
 - Same room but separate and with as much privacy as possible
- There are some questions that are asked annually, while others are asked on a rotating basis



Table of Youth Sample by Wave

	Wave						
	1 N=4899	2 N=5020	3 N=4427	4 N=4049	5 N=3659	6 N=3469	7 N=3635
Gender (% Male)	52	50	51	51	51	50	50
Age (%)							
10	16	15	17	16	15	15	16
11	17	17	16	18	16	17	17
12	16	17	17	16	18	16	17
13	17	17	17	17	17	18	15
14	16	17	17	16	18	17	18
15	18	16	17	17	16	17	16

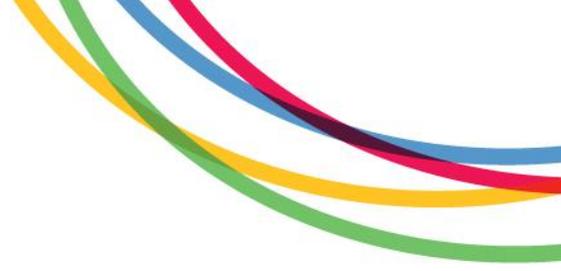
Young Adult Module Description

- Sample are young adults 16-21 in the adult questionnaire who receive additional questions
- First implemented in Wave 2
 - In Wave 2 the questions are included in the CAPI portion of the questionnaire
 - From Wave 3 onward most questions are included as part of the self-completion portion of the questionnaire with a few still in the CAPI portion
- Includes some questions from the youth questionnaire as well as some that are more relevant for their life stage
 - Some questions are asked annually, while others are asked on a rotating basis



Table of Young Adult Sample by Wave

	Wave					
	2 N=5440	3 N=4844	4 N=4638	5 N=4471	6 N=4385	7 N=3892
Gender (% Male)	50	50	50	51	52	51
Age (%)						
16	16	16	17	16	16	16
17	20	18	17	17	16	18
18	17	21	17	17	18	17
19	14	18	19	16	15	17
20	14	14	17	18	15	16
21	18	14	13	16	19	16



Youth Questionnaire Only



Demographics

- Gender
- Age
- Religion (W1,3,5,7)
- Ethnicity (W1,3,5,7)

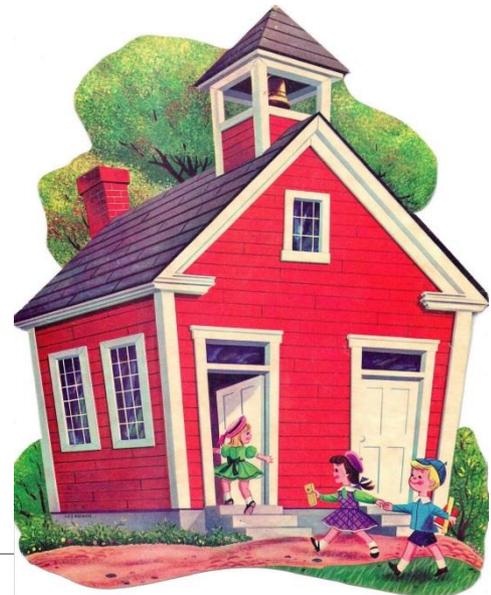


School

- How often played truant
 - How often others misbehave or cause trouble in class (W1,3,5,7)
 - How often do you misbehave or cause trouble in class (W1,3,5,7)
 - How get to school (W1,2,4,6)
 - Ever get homework (W2,4,6)
 - If yes,
 - How often
 - How many evenings during school term week
 - How many hours during week
 - How many hours during weekend evening
 - Do you get help
 - If yes, from whom
-

Educational Attainment and Aspirations

- Importance of doing well in GCSE's or standard grades
- What would like to do at 16
- Would like to go to college/university

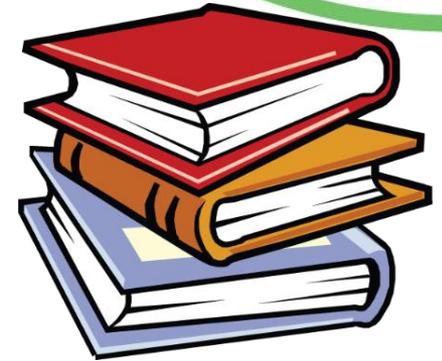


Civic Engagement, Cultural & Leisure Activities (W2,4,6)

- Party, dance, disco or nightclub
- Cinema
- Paint, draw, printmaking or sculpture
- Theatre
- Use computer to create art or animation
- Watch live sport
- Pub/bar
- Hang out near home
- Hang out in town centre
- Youth clubs, scouts, etc
- Library
- Museums or galleries
- Visit history place or stately home
- Volunteer or community work
- Political meetings/marches rallies or demonstrations

Culture (W2,4,6)

- Number of books read in past month
- How often do you



Discuss books at home

Discuss TV programmes have watched at home

Parent/other adults buy books as gifts

Parents/other adults take you to museums or art galleries

Parents/other adults take you to watch sporting events

Parents/other adults take you to theatre or see a dance performance or classical music

Technology Use

- Ever use computer at home (W1,3,5,7)
 - If yes, do you use it for
 - Games on a school day
 - To connect o internet
- Do you have a games console at home (W1,3,5,7)
 - If yes, how many hours do you play on it on a normal school day
- Play multiplayer online games (W2,4,6)
- Hours spent watching TV on
 - A school day
 - The weekend (W2,4,6)
- Own a mobile phone (W1,3,5,7)



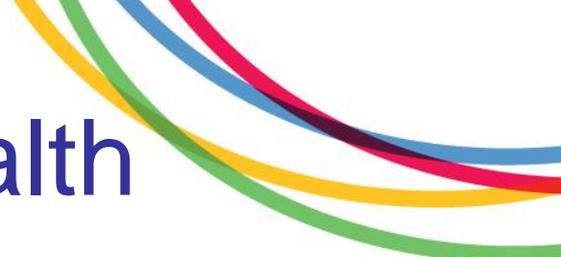
Food Consumption

- Number of portions of fresh fruit and vegetables consumed per day (W1,2,4,6)
- How often eat fast food in a normal week (W1,3,5,7)
- How often eat crisps, fizzy drinks or sweets in a normal week (W1,3,5,7)



Body Image & General health

(W2,4,6)



- **Body**

Self-reported height
& weight

Body perceptions

- Current body perception
- Ever diet or try to lose weight

- **General Health**

In general,
would you say
your health
is...

- Excellent to poor
-

Health-related Behaviours: Alcohol Consumption

- Friends who drink regularly (W1,3,5,7)
- Youth regular drinking (W1,3,5,7)
- One or two drinks nearly every day (W2,4,6)
- Four or five drinks (W2,4,6)
 - Nearly every day
 - Nearly every weekend
- Been drunk (W2,4,6)
 - Lifetime
 - Past year



Health-related Behaviours: Drug use (W2,4,6)

- How difficult would it be to get cannabis
- Harm to oneself physically and in other ways

Smoke occasionally

Smoke 1+ packs per day

1 or 2 alcoholic drinks nearly every day

4 or 5 alcoholic drinks nearly every day

5+ drinks each weekend

Try cannabis once or twice

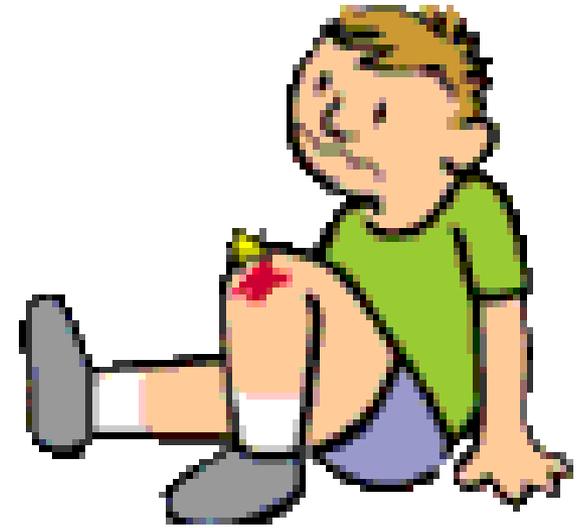
Smoke cannabis occasionally

Smoke cannabis regularly

Try ecstasy once or twice

Try amphetamines once or twice

Take amphetamines regularly



Health-related Behaviours: Sport Participation

- How often play sports, do aerobics or do some other keep fit activity per week (W1,2,4,6)
- Type of exercise (W2,4,6)

Walking; swimming; cycling; jogging or running; tennis, squash or badminton; keep fit aerobics or gym training; football; rugby; netball, basketball or hockey; cricket; athletics; martial arts; horse riding; gymnastics; dance; other type of sport or activity



Well-being

- Happiness with different aspects of life

School work

Appearance

Family

Friends

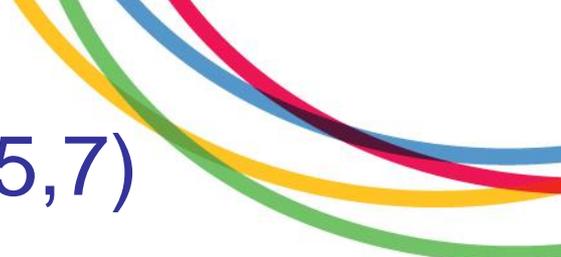
School

Life as a whole



- Strengths and Difficulties Questionnaire (SDQ)
(W1,3,5,7)
-

Paid Work and Caring (W3,5,7)



- Money and Paid work

What do you usually do with your money

Do any paid work in last week

How many hours of paid work in last week

Total pay in last week

- Caring

Look after anyone who lives here with you on a regular basis?

– If yes

Who?

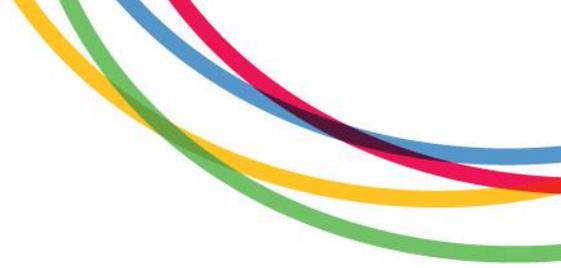
How many hours per week

Do you miss school in order to care

Miscellaneous Questions



- **Help with housework (W2,4)**
 - **Have steady boyfriend/girlfriend (W2,4,6)**
 - **Antisocial/Criminal behaviour (W3,5,7)**
 - How often been in a fight in past month
 - How many times have you deliberately broken or damaged property that was not yours in the past year
 - How often stolen something in past year
 - **Neighbourhood (W3,5,7)**
 - Like living in neighbourhood
 - How safe would you feel walking alone in area after dark
 - **Political attitudes (W3,5,7)**
 - Which political party would you vote for
 - How interested are you in politics
-



Young Adult Module Only

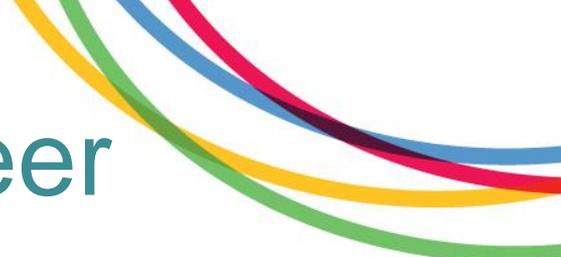


Identity/Demographics

- Sexual orientation (W5,7)



Education and Future Career Expectations



- What age leave home (W3,6)
 - Type of job could like to do once leave school/finish training or full-time education (W3,6)
 - Who get career advice from (W4,5,6,7)
 - Importance of several issues to future occupation (W2,3,5,7)
 - Job security
 - High income
 - Lot of leisure time
 - Interesting
 - Contribute to society
 - Time with family
 - Help others
-

Future Career and Family Expectations (W2,3,5,7)

- **Likelihood of**

Gaining a training or university place

Successfully finishing studies

Finding a suitable job

Being successful

Being long-term unemployed

Being kept back in job

Be self-employed

Work abroad

Get married

Cohabit

Have a child

Have several children



Sense of Self (W3,4,6)

- How important are the following to your sense of self

Occupation

Education

Ethnic background

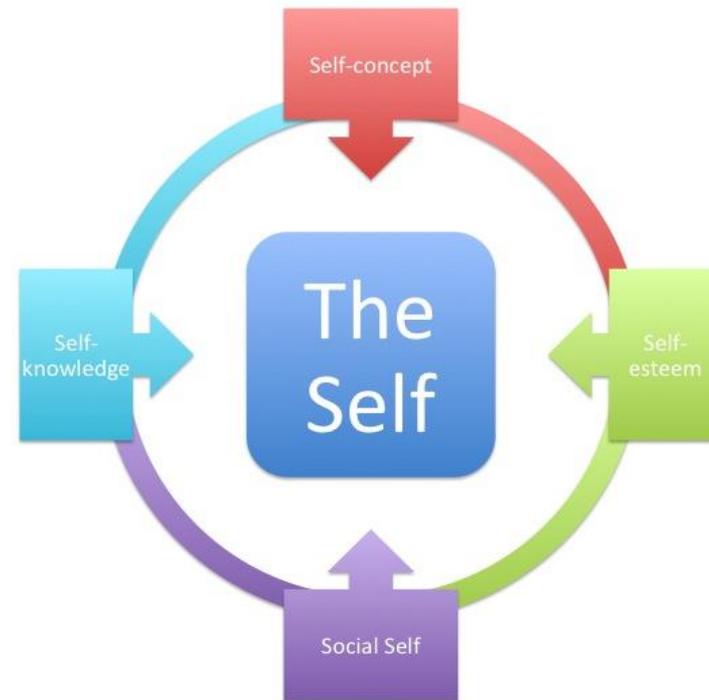
Political beliefs

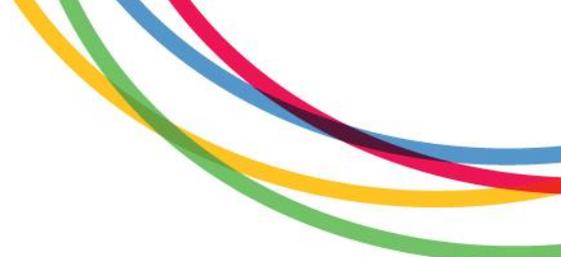
Family

Gender

Age

Life stage





Questions Included in Both
Youth Questionnaire (Y) and
Young Adult Module (YA)

Future Plans

- Age want to (Y: W2,4,6; YA: W4,6)
 - Get married
 - Have children
- Age expect to leave home (Y: W1,3,5,7; YA: W3,4,5,6,7)
- Future plans (open ended) (Y: W4,6; YA:W4,6)



Social Life

- Number of close friends (YA: W4,5,7)
- Social media (YA: W4,5,7)
 - Have a profile
 - Hours spent interacting/chatting with friends per week
- Times eaten evening meal with family (YA: W3,4,5,7)
- Feel supported by family (Y: W1,3,5,7; YA: W4,5,6,7)
- Who would turn to if upset (Y: W1,3,5,7; YA: W4,5,6,7)
- Times out after 9:00 pm in last month without parents knowing where you are (YA: W4,5,6,7)



Health-related Behaviours: Cigarette Smoking & Alcohol Consumption

- Smoking (YA: W3,4)

Ever Smoke

Frequency of
smoking per
week



- Alcohol Consumption

Ever had whole drink (YA: W3,4,6)

Frequency of drinking (YA:
W3,4,6)

– Past month

Binge drinking (Y: W2,4,6; YA:
W3,4,6)

– Past month

Been drunk (Y: W2,4,6; YA: W3,4,6)

– Past month



Health-related Behaviours: Drug Use (Y: W2,4,6; YA: W5,7)

- Ever tried

 - Glue/solvent sniffing

 - Cannabis

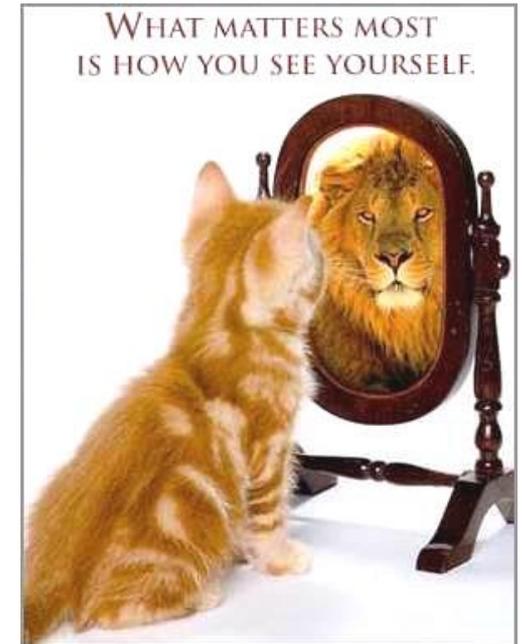
 - Other illegal drugs



- How many times ever used illegal drugs

Self-esteem (Y: W2,4,6; YA: W4,6)

- Rosenberg's short form scale
 - Good number of qualities
 - Do not have much to be proud of
 - Feel useless
 - Able to things as well as others
 - Likeable
 - Solve own problems
 - Feel like a failure
 - Feel no good at all



Parental Relationship (Y: W3,5,7; YA: W5,7)

- How often quarrel with
Mother
Father
- How often talk with
Mother
Father
- Are parents interested how you do at school?
- Do parents attend school evenings?
- Do you have a step parent
If yes, how is your relationship

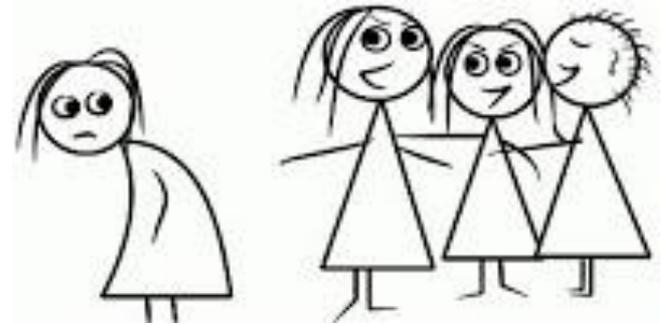


Sibling Bullying (Y: W3,5,7; YA: W5,7)

- Have a sibling
- If yes, how often do they
 - Hit, kick or push you
 - Take your belongings
 - Call you names
 - Make fun of you
- How often do you
 - Hit, kick or push them
 - Take their belongings
 - Call them names
 - Make fun of them



Peer Bullying (Y: W3,5,7; YA: W5,7)



- If still in school
 - How often do you get physically bullied?
 - How often are you bullied in other ways?
 - How often do you physically bully others?
 - How often do bully others in other ways?
-

Data Documentation

- Main website:

<https://www.understandingsociety.ac.uk/>

- Documentation

<https://www.understandingsociety.ac.uk/documentation/mainstage/dataset-documentation>

- Questionnaires:

<https://www.understandingsociety.ac.uk/documentation/mainstage/questionnaires>



Data Access

- UKDS

<https://discover.ukdataservice.ac.uk/catalogue/?sn=6614&type=Data%20catalogue#syntax>

End-user licence

- Youth data are contained in their own datasets

a_youth – g_youth

- Young person module is included in the adult questionnaire datasets

a_indresp – g_indresp

Young person module prefix is wave identifier_yp'variable name'

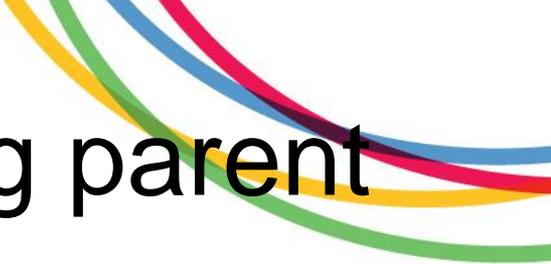
Linking Parents to Children

- The person number and the personal identifier of the parent is included in the youth dataset and for the young person
- Parental information can then be linked to the youth dataset using the household identifier or by the person number and wave

Code for linkage is can be found in the syntax tab on the UKDS page given in previous slide

Linkage of parents to children by wave

	Wave						
	1	2	3	4	5	6	7
Mothers	4,541	4,725	4,192	3,849	3,494	3,298	3,459
Fathers	3,061	3,345	3,033	2,820	2,599	2,479	2,569



Example of research linking parent and youth data

- Booker, C.L. & Sacker, A. (2012). Limiting long-term illness and subjective well-being in families. *Longitudinal and Life Course Studies*, 3(1), 41-65.
-

How are parental illness and youth well-being related?

Associations Between Parent's Illness and Youth's Well-Being+

	M1: Baseline	M2: M1 + Caring	M3: M2 + Parental Functioning
	Youth SDQ	Youth SDQ	Youth SDQ
Parent's LLTI	↓ ↓ ↓	↓ ↓	ns
Care for Child		↓ ↓ ↓	↓ ↓ ↓
Parental SF-12 PCS			↓
Parental SF-12 MCS			↓ ↓ ↓

+ All models controlled for Parent and Child Age, Age squared, Gender, Parent Education and Household Income; SDQ = Strengths and Difficulties Questionnaire; LLTI = Limiting Long-term Illness; SF-12 PCS and MCS = Short Form Physical and Mental Component Scores
 ↓ - p-value <0.05; ↓ ↓ - p-value <0.001; ↓ ↓ ↓ - p-value <0.0001

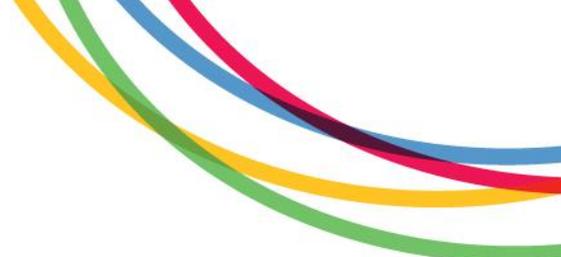
How are youth in need of care and parental well-being related?

Associations Between Parent's Illness and Youth's Well-Being+

	M1: Baseline	M2: M1 + Caring	M3: M2 + Youth Difficulties
	Parent GHQ-12	Parent GHQ-12	Parent GHQ-12
Ill youth in household	↓	↓	↓
Care for Child		ns	ns
Youth's SDQ Total Difficulties Score			↓↓↓

+ All models controlled for Parent and Child Age, Age squared, Gender, Parent Education and Household Income; SDQ = Strengths and Difficulties Questionnaire; GHQ-12 = 12-item General Health Questionnaire

↓ - p-value <0.05; ↓↓ - p-value <0.001; ↓↓↓ - p-value <0.0001



Thank you!

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