

NatCen

Social Research that works for society

Health Survey for England: health, social care and lifestyles

Update June 2016

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Overview

1. Background
2. Recent findings
3. Survey content
4. Future surveys

Background

Methodology

- Continuous survey
- Sample from PAF
 - 8,000 adults
 - 2,000 children
- Face-to-face data collection
 - Interviewer and nurse visits

Commissioned by:

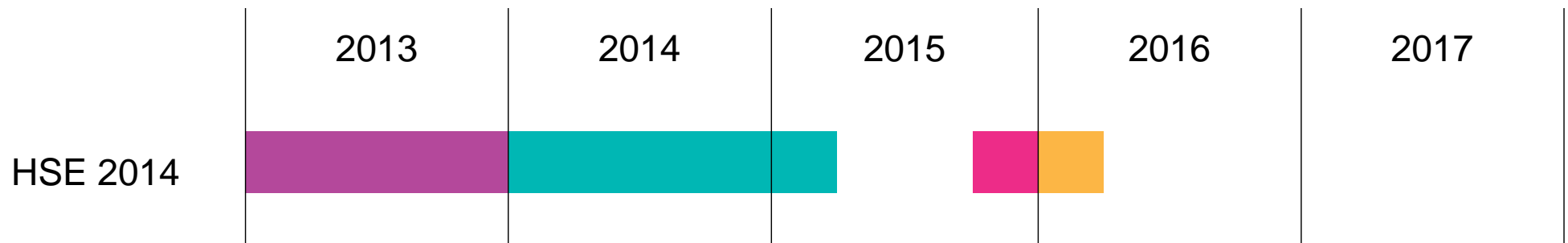


Health & Social Care
Information Centre

Carried out by:



Timescales



Recent findings

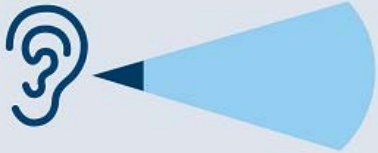


Key Findings - 2014

<http://healthsurvey.hscic.gov.uk/>

Hearing problems

18% of adults reported hearing difficulties



Social care: need and receipt

24% of men and 33% of women aged 65 and over needed help with at least one Activity of Daily Living



Social care: provision

17% of adults provided unpaid help or support and almost half of these were helping a parent



Planning for future social care

Almost half of participants said they had thought about how they will pay for care when they are older



Alcohol consumption

5% of men drank more than 50 units a week and 4% of women drank more than 35 units a week



Adult obesity

Around a quarter of adults were obese



Child obesity

17% of children aged 2-15 were obese, and an additional 14% were overweight



Mental health problems

Women were more likely than men to report ever having been diagnosed with a mental illness



See previous reports

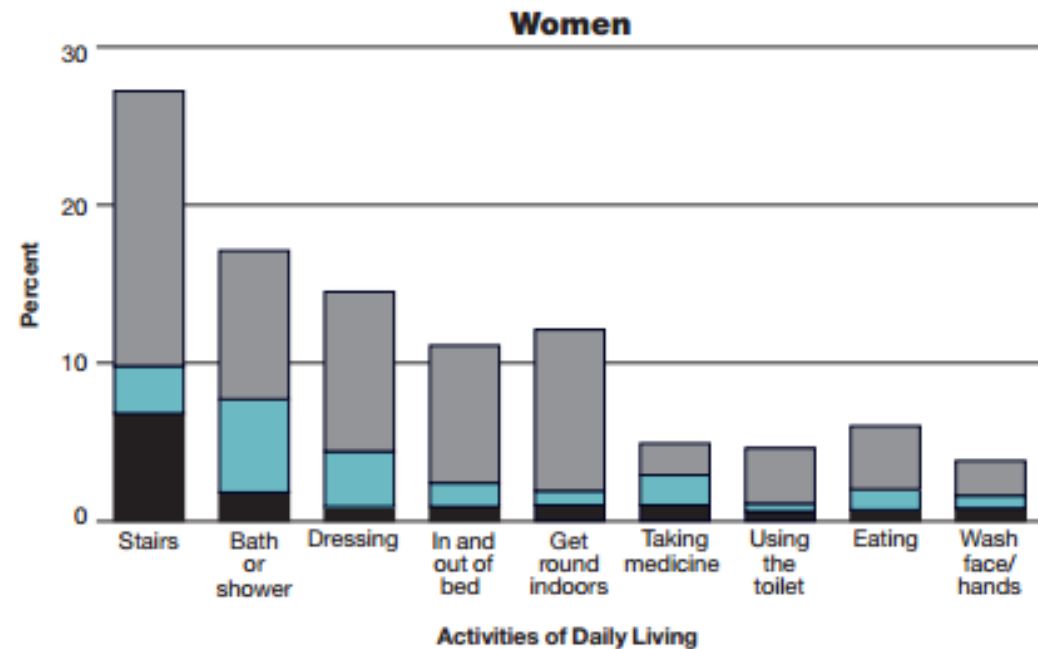
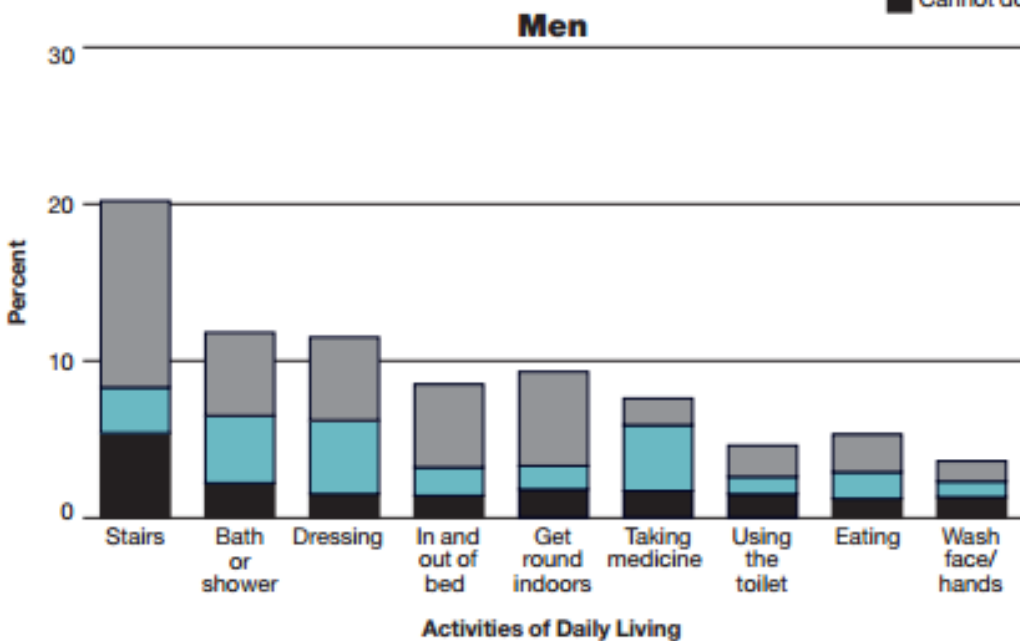


Social care: need and receipt

Ability to perform ADLs in the last month, by sex

Base: Aged 65 and over

Do with difficulty
Only with help
Cannot do

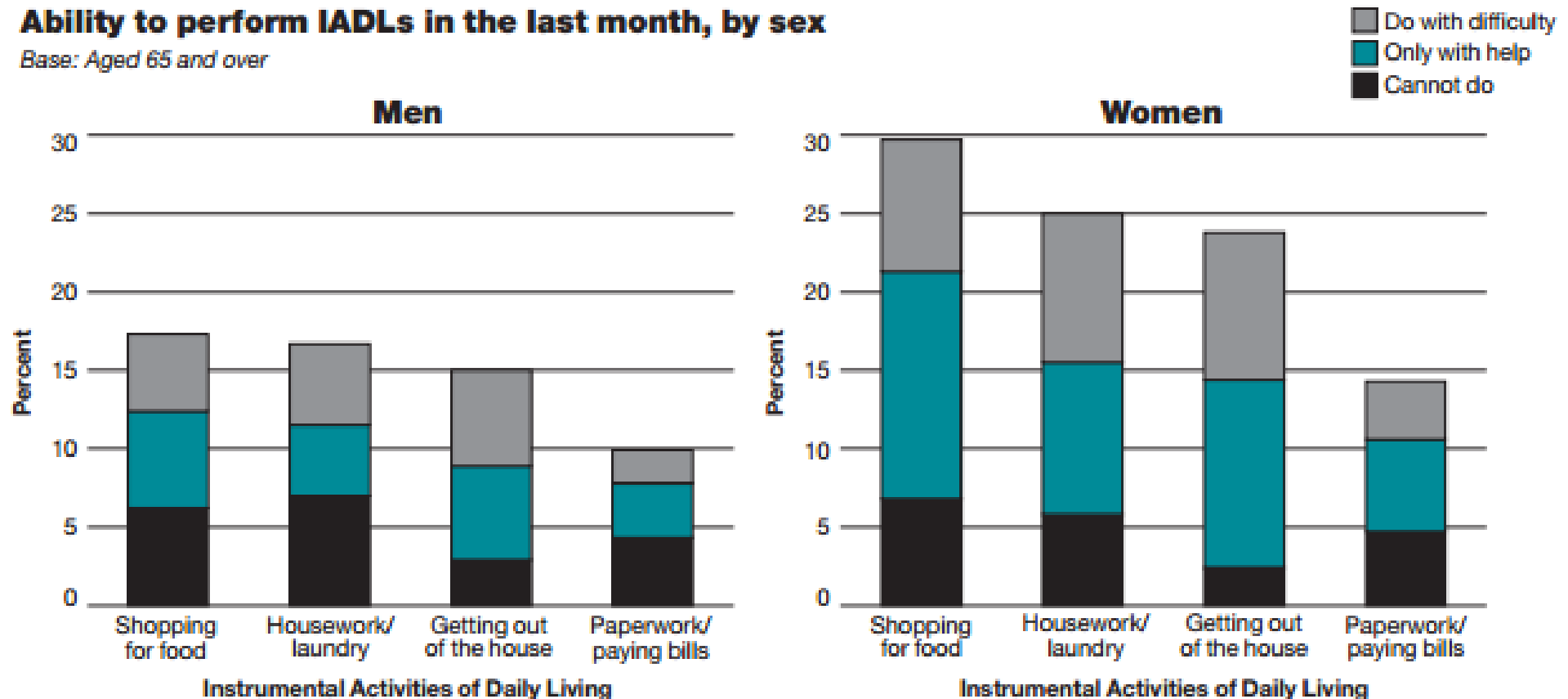


<http://healthsurvey.hscic.gov.uk/>

Social care: need and receipt

Ability to perform IADLs in the last month, by sex

Base: Aged 65 and over

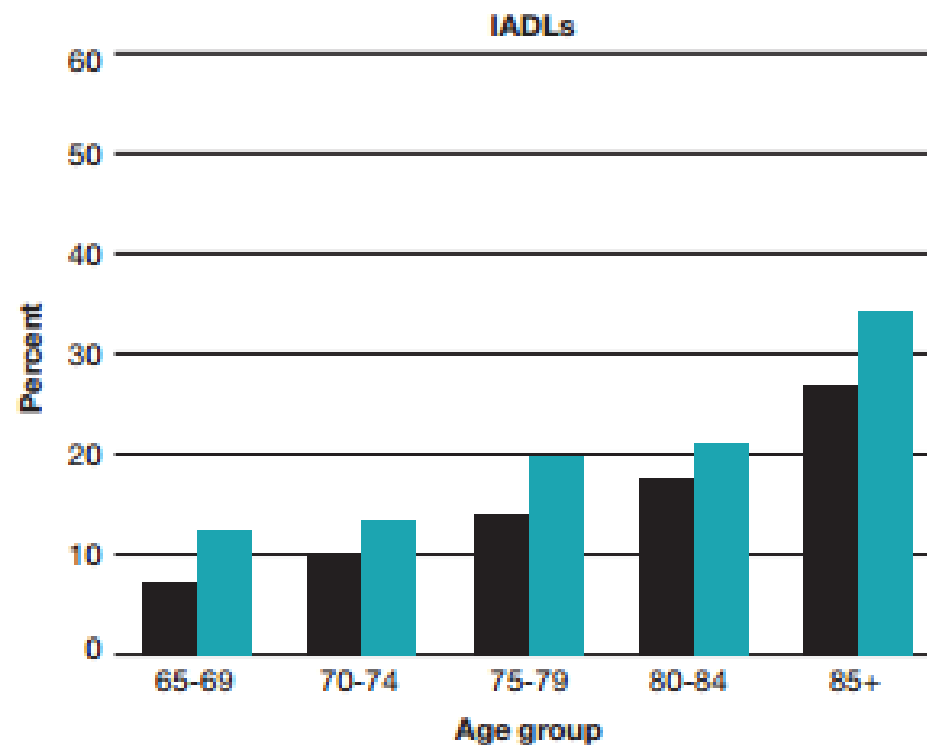
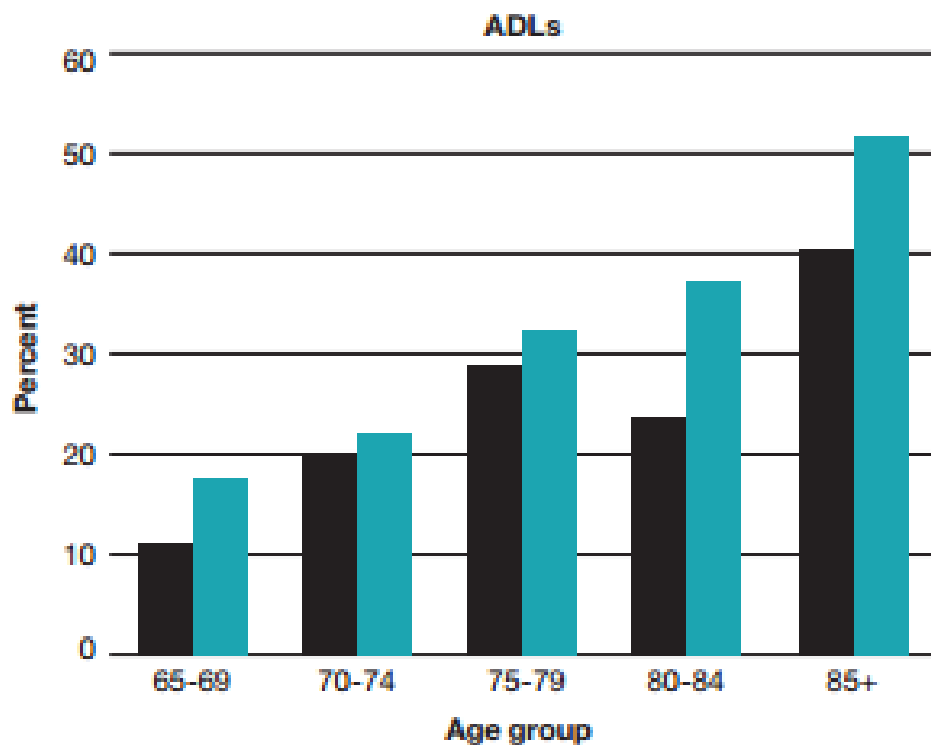


Social care: need and receipt

Unmet need: proportion who needed help with at least one ADL or IADL and received no help in the last month, by age and sex

Base: Aged 65 and over

■ Men
■ Women



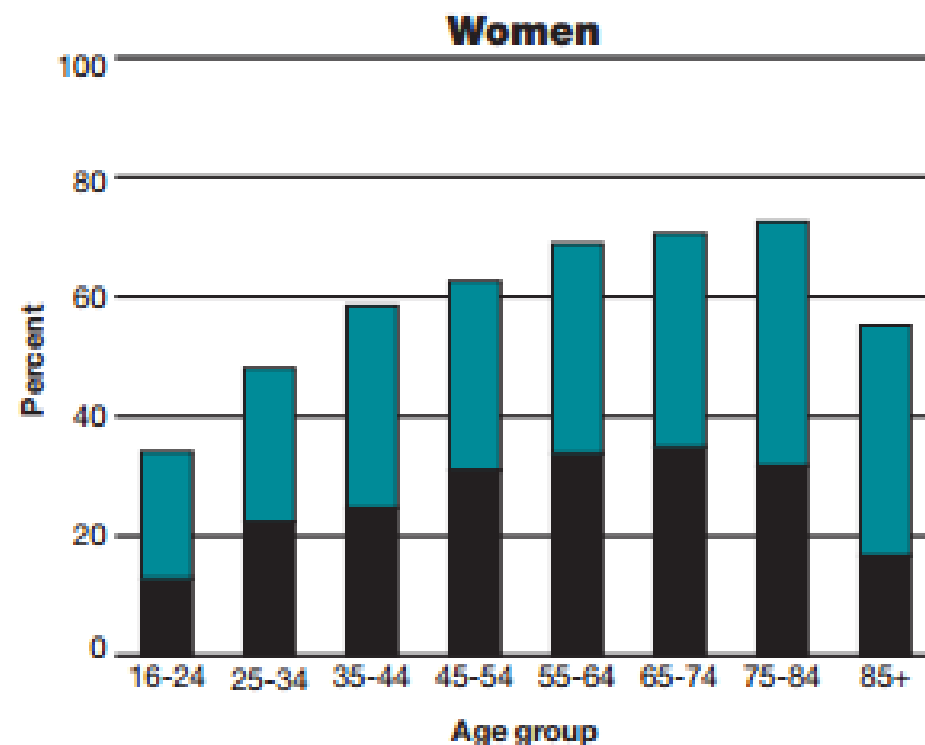
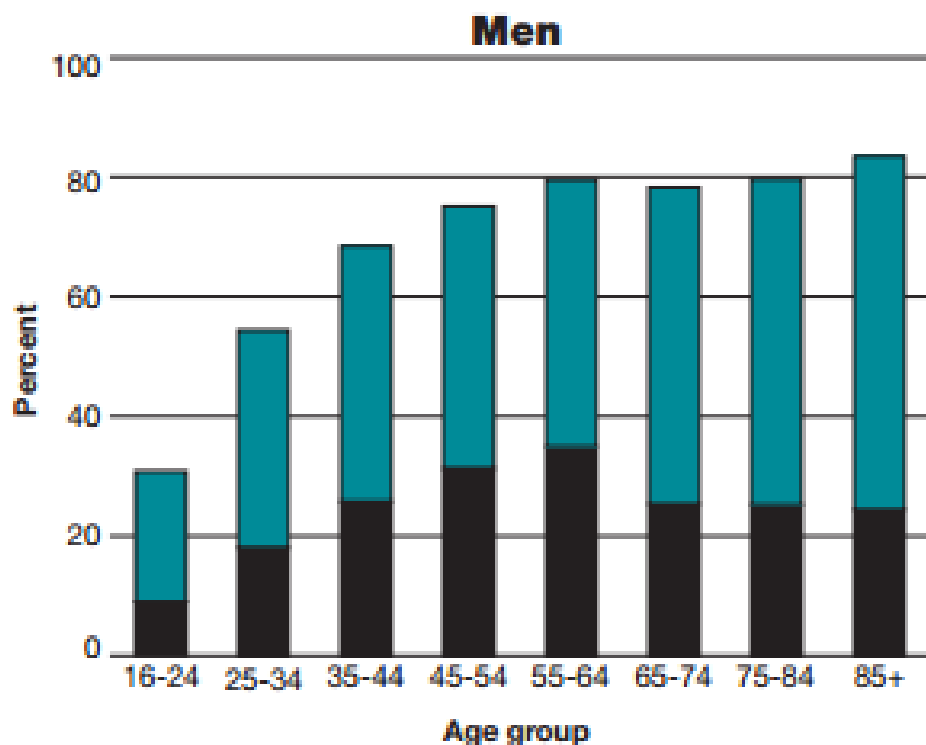
<http://healthsurvey.hscic.gov.uk/>

Adult obesity and overweight

Obesity and overweight, by age and sex

Base: Aged 16 and over with valid height and weight measurements

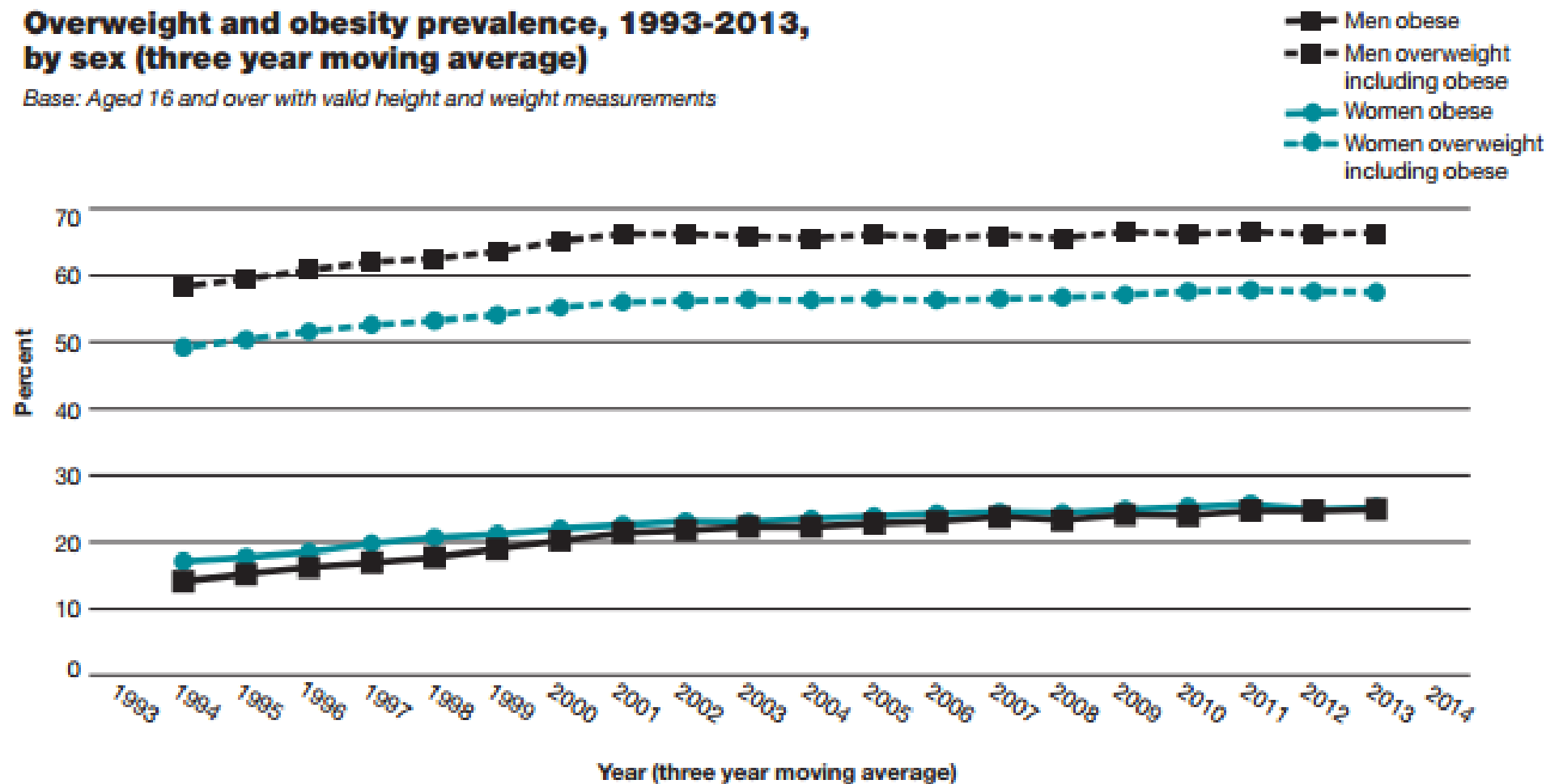
Overweight
Obese



Adult obesity and overweight: trend

Overweight and obesity prevalence, 1993-2013, by sex (three year moving average)

Base: Aged 16 and over with valid height and weight measurements

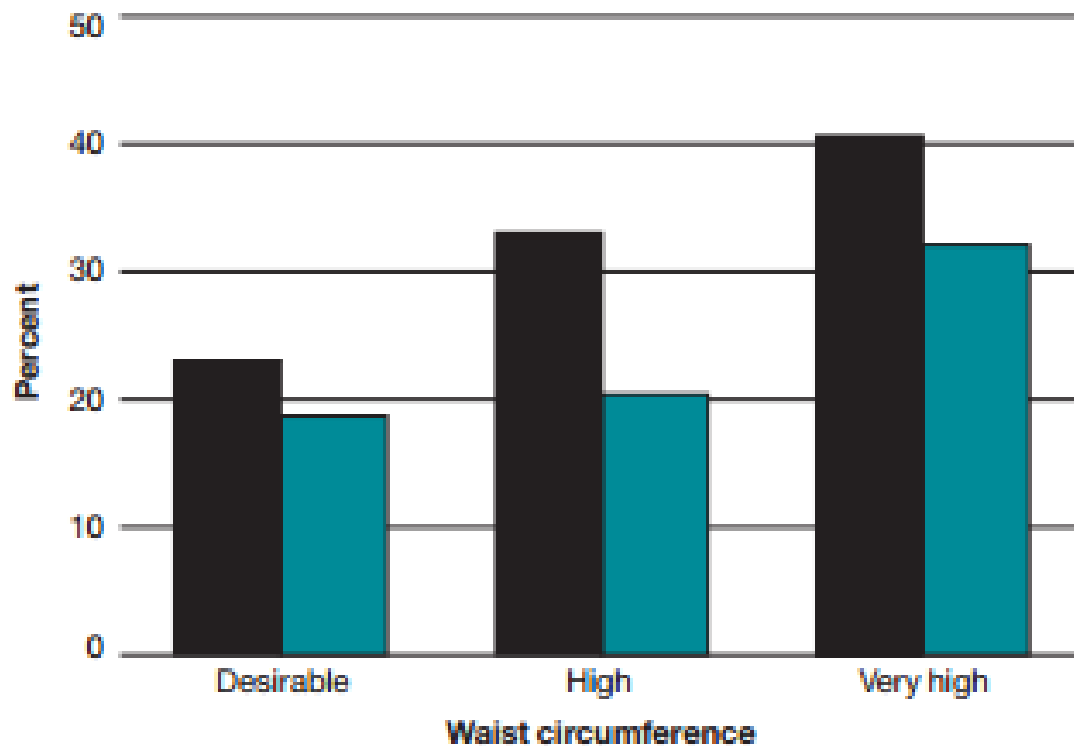


Adult obesity and overweight

Hypertension prevalence, by waist circumference and sex

■ Men
■ Women

Base: Aged 16 and over with valid waist and blood pressure measurements



<http://healthsurvey.hscic.gov.uk/>

Other key findings

Child obesity: 17% of children aged 2-15 were obese and an additional 14 % overweight

Hearing problems: 18% of adults reported hearing difficulties

Alcohol consumption: 5% of men drank more than 50 units a week and 4% of women drank more than 35 units a week

Survey content



Interview: core content

General health, longstanding illness

Estimated height and weight

Personal care plans

Height and weight measurements (BMI)

Fruit and vegetable consumption

Drinking (in the last 7 days)

Social care

Mental health (GHQ12)

Overall health (EQ5D)

Smoking

Doctor diagnosed
hypertension and diabetes

Data linkage: mortality, cancer,
Hospital Episode Statistics

Nurse: core content

Medication, vitamins,
nicotine products

Infant immunisations

Blood pressure

Waist and hip circumference

Blood sample

Saliva sample

Additional content: 2016

Interviewer

Physical Activity

Cider

Problem gambling (within the self-completion booklet)

Liver & kidney disease

Nurse

Access to weight management services

Additional blood analytes: creatinine (for eGFR), cystatin-C, ALT, AST, platelets

Additional urine analytes

Possible additional content: 2017

Cardio-vascular disease

End of life care

Chronic pain

Problem gambling

Future surveys

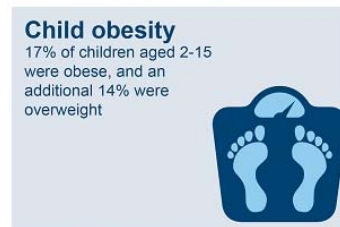
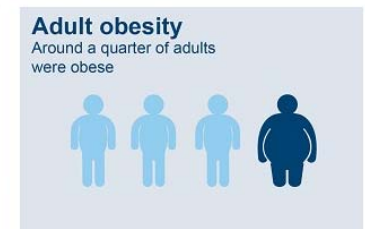
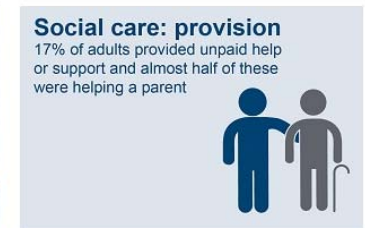


Possible cuts

- Budget cuts required
- Consultation
- Potential areas:
 1. Reduce planned spend on website development
 2. Reducing the scale of reporting
 3. Reducing core interview content
 4. Reducing the scale of nurse fieldwork

Future surveys

- Exploring the possibility of ethnic boost
 - Last included in 2004
- 25 years of HSE data
 - Website development
 - Interact with the data
 - Explore trends



Thank you

If you want further information or would like to contact us

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Visit us online, www.hscic.gov.uk/health-survey-england

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Social Research that works for society